

International Women's Day

Today, March 8, is International Women's Day. In honor of this day, we received messages from UNIC Tokyo and embassies in Japan.

UNIC Tokyo (United Nations Information Centre)

International Women's Day (IWD) first emerged from the activities of labor movements at the turn of the 20th century in North America and across Europe. In 1975, during International Women's Year, the United Nations (U.N.) began celebrating March 8 as IWD. Two years later, in December 1977, the U.N. General Assembly adopted a resolution officially recognizing March 8 as IWD.

On March 8, 2025, the U.N. celebrates IWD under the theme, "For ALL women and girls: Rights. Equality. Empowerment."

This year's theme calls for action that can unlock equal rights, power and opportunities for all and a feminist future in which no one is left behind. Central to this vision is empowering the next generation — youth, particularly young women and adolescent girls — as catalysts for lasting change.

In addition, the year 2025 is a pivotal moment as it marks the 30th anniversary of

the Beijing Declaration and Platform for Action. This document is the most progressive and widely endorsed blueprint for women's and girls' rights worldwide that transformed the women's rights agenda in terms of legal protections, access to services, youth engagement and change in social norms, stereotypes and ideas stuck in the past.

Engage the media, corporate leaders, governments, community leaders, civil society, youth and others with influence to take action in your communities. Ask leaders to take action and invest in promoting women's rights and gender equality. Share International Women's Day stories and messages on digital platforms using the hashtag #ForAllWomenAndGirls to spark dialogue and inspire action.

Happy
Women's Day
March 8th



Embassy of
the United Republic of Tanzania
H.E. Ambassador Baraka Luvanda
Ambassador Extraordinary and Plenipotentiary

On this special occasion of *International Women's Day 2025*, I send my best wishes to all women and men who champion for gender equality and women's empowerment across the globe. The theme for this year- "*Accelerate Action*" inspires us to take bold innovative steps to remove systemic barriers which limit women's personal and professional success.

For Tanzania, women have long spearheaded society, communal, and national economic growth. Notable progress has been made in improving women's leadership, business, education, and innovation, for many women and girls. A lot more could be done to enhance their full potential.

Luckily, in the case of Tanzania these efforts have been championed by **Her Excellency, President Samia Suluhu Hassan** - Tanzania's first female President. President Samia is a living example for countless women within and outside of Tanzania's borders. My message to all women throughout the world is that your strength, resilience, and tenacity will continue to inspire future generations.

Happy International Women's Day, 2025.



Embassy of the Republic of the Philippines
H.E. Mylene J. Garcia-Albano
Ambassador Extraordinary and Plenipotentiary



On behalf of the Embassy of the Republic of the Philippines and the Filipino community in Japan, I join all women and girls, and champions of women empowerment across all genders in celebrating International Women's Day.

In the Philippines, 08 March of every year is the highlight of our celebration of National Women's Month where we honor the achievements and struggles of women throughout our history. The Philippines has taken great strides in ensuring that the rights of and opportunities for Filipino women and girls are protected and promoted, may it be in the political, economic or social sphere. Our women empowerment agenda is anchored on our Magna Carta of Women and implemented from the grassroots. It is also guided by the transformative Beijing Declaration and Platform for Action, which celebrates its 30th anniversary this year.

As the first Filipino woman ambassador to Japan, I am honored to have the opportunity to share our country's best practices on women empowerment and gender equality

with my counterparts and other stakeholders in Japan. I am also privileged to be given this platform to contribute to ongoing efforts that uplift women and girls, and I look forward to collaborating with others to create more opportunities for them—particularly in the areas of sustainable and inclusive development.

Today, as we celebrate International Women's Day, let us remember the invaluable contributions of women all over the world to society and history, and honor their legacy by continuing to ensure that women and girls remain part of nation building and the pursuit of genuine progress.

Mabuhay!